**From:** Charl du Plessis  
**Sent:** Friday, 27 March 2015 7:51 PM  
**To:** medboardconsultation  
**Subject:** Consultation - Cosmetic medical and surgical procedures provided by medical practitioners

Dear Sir/Madam

The guidelines propose:

       a seven-day cooling off period for all adults before procedures.

       a three-month cooling off period before procedures for all under 18s, along with mandatory assessment by a registered psychologist or psychiatrist

       explicit guidance on informed patient consent, including clear information about risks and possible complications

       explicit responsibility for post-operative care by the treating practitioner, including emergency facilities when sedation or analgesia is involved

       mandatory face-to-face consultations before prescribing schedule 4 (prescription only) cosmetic injectables

       detailed written information about costs, and

       limits on where cosmetic procedures can be performed, to manage risk to patients.

1.       I am concerned that the industry is not well regulated and it will get out of hand.

2.       I agree that the board should look at the medical practitioners providing these services.

3.       The practitioners that are registered with the CPCA and/or ACAM have got strict guidelines that cover all the issues mentioned above

4.       Unfortunately it’s a free for all at the moment since practitioners don’t have to register with a governing body like the CPCA or ACAM.

I would be more than happy to elaborate on this matter if need be.

Kind Regards

**Dr Charl du Plessis**

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