

**From:** [REDACTED]  
**Sent:** Friday, 29 May 2015 11:50 AM  
**To:** medboardconsultation  
**Subject:** 'Consultation – Cosmetic medical and surgical procedures

Thank you for the opportunity to voice an opinion.

I have 2 points

1. I feel a 7 day cooling off period should not be required for cosmetic injectables. Appropriate consenting procedures and provision of adequate clinical and financial information should be provided by the practitioner at the initial consultation and then the patient could proceed with treatment at that same visit. I don't think that a cooling off period would make a difference to patient outcome. Different matter for more major cosmetic surgical procedures.
2. I feel that face to face consultation with the prescribing doctor for cosmetic injectables should be mandatory. Nurse injectors can be extremely proficient but the doctor should be on the premises to assist with management of any complications..including the rare, but extremely dangerous, arterial embolisation. [REDACTED] Insurance have also advised that this is a potential risk from a medicolegal perspective. Has the Medical Board sought legal opinion on the dangers of non face to face prescribing?I do not think that it is best practice.

Yours sincerely  
Dr Heather Jenkins