

From: Susan Austin
Sent: Thursday, 28 May 2015 6:24 PM
To: medboardconsultation
Subject: Consultation – Cosmetic medical and surgical procedures provided by medical practitioners'

Thank you for the opportunity to give my views on the draft guidelines issued by the Medical Board. I have been involved in Cosmetic Medicine and Skin Cancer medicine since 1996 and have done extensive training in all forms of injectables including dermal filler and toxins, chemical peels, sclerotherapy, laser and Intense Pulsed Light/Broad Band Light, Skin tightening, acne and general dermatology, skin cancer, dermatoscopy and acne. I have also had 25 years of previous general practice experience.

I agree with the proposed guidelines and in particular wish to endorse the idea of strict face to face consultations with an appropriately trained medical practitioner (rather than the current Skype consultations) prior to the administration of any S4 injectables or any laser or IPL/BBL treatment on every occasion the patient is seen. This gives the doctor an idea of any relevant change in their medical status and to assess the appropriateness of treatment and any new psychological issues or life events that may make the treatment inappropriate or possibly result in unwanted side effects. In my practice only doctors administer S4 injectables and do laser or IPL/BBL and any procedures such as microdermabrasion or chemical peels are directly supervised or performed by a doctor . I have seen cases of unwanted side effects from injectables, and also from laser or IPL treatment of pigmented lesions that subsequently turned out to be malignant.

Another concern is that non-medical practitioners without training in dermatoscopy will not be able to recognise malignant lesions such as melanoma and will try to treat them incorrectly with laser or IPL, and then delay a diagnosis because the treatment has changed the dermatoscopic features. I feel strongly that these machines should only be used by medical practitioners or under the direct supervision of a medical practitioner with the correct training.

Many thanks for taking the time to read my submission and for all your efforts to date.

Kind regards
Dr Susan Austin
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