

**From:** Tracey King

**Sent:** Friday, 29 May 2015 4:44 PM

**To:** medboardconsultation

**Subject:** Consultation – Cosmetic medical and surgical procedures provided by medical practitioners

- a seven-day cooling off period for all adults before procedures **SUPPORTED**
- a three-month cooling off period before procedures for all under 18s, along with mandatory assessment by a registered psychologist or psychiatrist **NOT SUPPORTED**. **I AGREE A THREE MONTH COOLING OFF PERIOD IS A GOOD IDEA BUT A MANDATORY ASSESSMENT BY A REGISTERED PSYCHOLOGIST OR PSYCHIATRIST IS NOT NECESSARY. THIS ADDS AN UNNECESSARY FINANCIAL BURDEN ON THE PATIENT AND BURDENS AN ALREADY THINLY STRETCHED AREA OF NEED (PSYCHOLOGICAL MEDICINE) WITH PERFORMING AN ASSESSMENT WHICH THE MEDICAL PRACTITIONER IS FULLY QUALIFIED TO PERFORM. MAYBE A FORMALISED REPORT BY THE TREATING DOCTOR OF THE PATIENT'S COMPETENCY COULD BE CONSIDERED**
- explicit guidance on informed patient consent, including clear information about risks and possible complications **SUPPORTED**
- explicit responsibility for post-operative care by the treating practitioner, including emergency facilities when sedation or analgesia is involved **SUPPORTED**
- mandatory face-to-face consultations before prescribing schedule 4 (prescription only) cosmetic injectables **NOT SUPPORTED**. **IT IS THE DOCTORS RESPONSIBILITY TO MAKE SURE IT IS SAFE FOR A PATIENT TO RECEIVE A COSMETIC TREATMENT. THIS DOES NOT HAVE TO BE PERFORMED FACE-TO-FACE. I THINK IT IS MORE IMPORTANT THAT THE INJECTOR (EG NURSE), THE PATIENT AND THE DOCTOR HAVE AN ENDURING RELATIONSHIP BASED ON OPEN COMMUNICATION, SPECIFIC TRAINING BETWEEN THE DOCTOR AND THE INJECTOR AND EASY ACCESSABILITY BETWEEN THE PATIENT AND DOCTOR. I assess every patient before they meet with my nurse. They have the option to cancel prior to seeing the nurse or time to prepare further questions in the 24 or so hours between when I speak with them and their appointment. [REDACTED] they have my mobile number in their mobile phone so that they can contact me at any time should they need to.**
- detailed written information about costs, and **SUPPORTED**
- limits on where cosmetic procedures can be performed, to manage risk to patients. **SUPPORTED**

*kindest Regards*

*Dr. Tracey King MBBS B.AppSc. FRACGP*