

For the attention of the Medical Board of Australia

I am writing in regards to a recent media release from the Medical Board of Australia with guideline proposals that (amongst others) included the following items:

- Mandatory face-to-face consultations before prescribing schedule 4 (prescription only) cosmetic injectable.
- Limits on where cosmetic procedures can be performed, to manage risk to patients.

This really angers me as it appears to be a blanket attack on salons/clinics offering cosmetic injections that don't have on-site doctors with no apparent justification. I attend a fantastic Melbourne clinic that uses Skype consultations with a GP for injectable and I am very happy with things the way they are. I lead a very busy life as a professional and a mum and I love visiting the clinic when I get chance as they always offer great all round service and treatments which include sometimes might include cosmetic injections. I will be extremely annoyed if this service is diminished due to changes in regulations that appear to be without basis.

I have spoken with friends about this and most of us are of the same opinion that we don't need or want to be made to have face to face consultation with a doctor in order to have cosmetic injections. In fact it seems to have generated a somewhat cynical view amongst people I have discussed this with that this must have been initiated by doctors who wish to make greater profits from the industry and who maybe even feel somewhat threatened by superior nurse injectors.

Finally I would like to add that when people like myself have cosmetic injections, we are not sick, and in the vast majority of cases, we are not trying to fix physical ailments that one might consider requiring physical assessment by a doctor. We are simply looking to freshen up our appearance and a video conference with a doctor is totally sufficient – we live in a digital world and removing this ability will be a big step backwards.

Regards Rebecca [REDACTED]