



# anti-aging

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I am part of anti-aging cosmetic and laser.  
We have been working with cosmetic nurses for over 5 years and have developed protocols that have provided our patients safe and responsible treatments.

We feel that those making decisions to protect patients in cosmetic treatments should speak to those who are offering the services differently to the convention and understand that there are those doing it legally and appropriately for our patients.

Our modus operandi has been checked and considered proper and legal by the TGA of Victoria and by numerous communications with AHPRA.

Primarily we work with the nurses to provide cosmetic services to our patients. At no time do the nurses act independently nor outside the legal requirements of the law.

We do use real time video [skype or facetime] to consult our patients distally. Our patients have found this convenient and suitable for their needs.

What makes our process thorough is that both the nurse and doctor always work and train together. They understand the different procedures and know each other's abilities. It is a dual consultation where the patients has a full consultation involving past and present history, what the patients requested is noted and alternatives, costs and complications are all discussed. An informed consent is read and signed and the dual consultation with the nurse and doctor is open for questions.

Although the doctor is not present with the patient an appropriate examination is obtained with 'real-time video', with the nurse, by watching the patient during the consultation.

We feel our process fulfills 'good medicine practice' and would welcome anyone to watch our processes and discuss what we are doing.

For dual consultations with real-time video to fulfill 'good medicine practice' then certain criteria should be met:

1. Both the doctor and nurse should train and work together so they know each other personally and understand each other's ability. At anti-aging cosmetic and laser we have team training each 4 weeks. At these meetings we share experiences and learn from each other.
2. The doctor should be experienced in the field of cosmetics so that there is definite understanding in the dual consultation with the cosmetic nurse.
3. Full notes including a full history, explanation of procedure, alternatives offered, cost discussed, complications and side affects communicated with written informed consent.
4. Both the nurse and doctor should be trained in recognizing and managing complications and problems with treatments. At anti-aging cosmetic and laser we do CPR and complication management training yearly.
5. The nurse should have with them the appropriate equipment and medications to manage complications and problems appropriately. At anti-aging cosmetic and laser we not only train in using the equipment and medications yearly, we also check to confirm each nurse has with them at all times 'in-date' emergency medication.
6. Although distal to the doctor the venue should be appropriately clean, with good lighting and a wash area.
7. At all times are a doctor available to answer questions or offer help.

We feel that our processes are safe, thorough and provide convenience for our patients. We welcome a visit for us to demonstrate how well it works.

Sincerely

dr. dennis mcurdy