

**From:** [REDACTED] Leanne [REDACTED]  
**Sent:** Thursday, 14 May 2015 1:12 PM  
**To:** medboardconsultation  
**Subject:** Cosmetic Nurses

Hi

I am aware that there is a review into the service provided by Cosmetic Nurses.

I live in a rural area.

Over the past 10 years I have had experience with two different Dermatologists and more recently with a Cosmetic Nurse. The latter has proven to be far more satisfactory.

My first experience was at the offices of the Dermatologist I routinely see to have my sun damage assessed. When I enquired about doing something about my facial wrinkles, I was referred to see his Nurse. This Nurse assessed my skin and reported that as I was in my mid-forties, my wrinkles were too pronounced and I was therefore not a candidate to have Botox injections. I was left with the impression there was nothing I could do.

Subsequently, a slightly older friend shared that she had good results from having cosmetic 'fillers' injected.

I made an appointment with another Dermatologist who (on a monthly basis) attended the Beauty Salon I frequent. This Doctor said that I was a candidate for such fillers. He administered these to the crease between my eye-brow with good results. I attended the next month to have the crease lines above my lips similarly treated. The Doctor indicated that this would only work if my lips were plumped, so I took his advice and had this done. I was appalled at how plumped my lips ended up (I looked ridiculous). As a result I did not consider any subsequent treatment of this nature for many years.

This year I saw that my Beauty Salon was now accessing the services of a Cosmetic Nurse. I had an initial consultation with her, answered comprehensive questions, had a face to face video conference with a Dermatologist. There was a comprehensive analysis of my skin and wrinkle issues. I was presented with lots of information and good advice. Since this first consultation I have had Botox injections provided by the Cosmetic Nurse that have erased my eye-brow crease even more effectively than the fillers I had previously. I have also had fillers to my chin and on my most recent visit, to the crease marks above my lips. Given my previous bad experience I was very hesitant about this last procedure but it worked well, my lips look good. I am very happy with the results.

On the basis of my experience, I would wholeheartedly and strenuously recommend that Cosmetic Nurses continue to be able to provide their service. I am grateful that this resource is available to me.

Regards

*Leanne* [REDACTED]