

From: [REDACTED]
To: [medboardconsultation](#)
Subject: consultation
Date: Tuesday, 31 July 2018 4:27:59 PM

Dear AHPRA team,

In specialties which involve shift work , the craft group should recognize the effect of ageing on recovery time (and performance during) evening and overnight shift work. In order to keep practitioners safe (and in the work force) during career transition, group practices -including in the public sector- should make roster arrangements that reflect the changes in older practitioners ability to function safely after the age of 55(or 60) after hours, especially on overnight shifts -and even overnight call.

While some medical colleges have developed guidelines around this, others have not, despite attempts by interested parties to generate them.

Please keep my identity and details confidential.

Regards

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